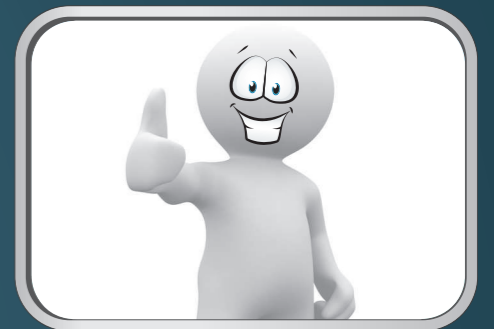
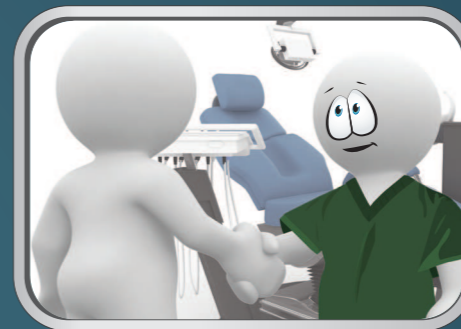
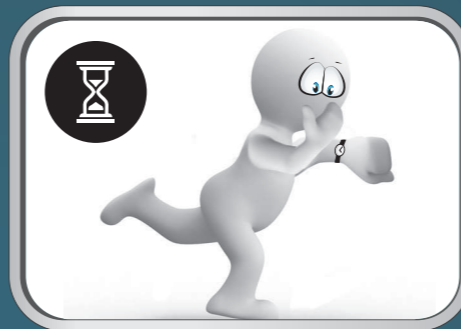
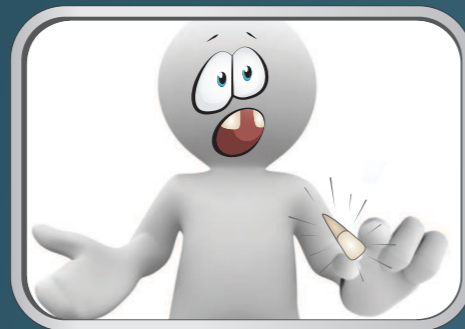
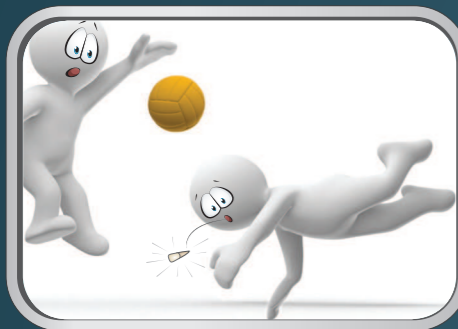


# SAVE THAT TOOTH!

A front tooth can be knocked out in accidents, during play, sports, road traffic accidents, falls or fights.

## Immediate Action Could Save that Tooth:



**1 Keep Calm!**  
Make sure that it is an adult tooth; baby teeth should not be put back in.

**ADULT TOOTH** **BABY TOOTH**  
**Re-plant** **Don't Re-plant**  
Bring the child to a dentist

**Telephone the dentist to tell them you're on your way**

**2** Find the tooth and pick it up by the crown (the white part). Avoid touching the root as this can damage the membrane which is essential to saving that tooth.

**3** If the tooth is dirty, wash it briefly (10 seconds) using milk, saline solution or cold running water.

**4** Replant the tooth, using the teeth at either side of the gap to guide positioning. Once repositioned, the injured person should bite on a handkerchief to hold the tooth in place until the dentist splints it.

**Seek emergency dental treatment immediately**

**5** If the tooth cannot be replanted immediately, it can be carried:

Inside the injured person's mouth, between the teeth and the inside of the cheek

OR

In milk or a special storage medium for knocked out teeth, if available. Avoid storage in water.

Available for download from: [www.dentalhealth.ie](http://www.dentalhealth.ie)

